

The finest Art of *Rehabilitation*





Welcome

Rehabilitation is more than restoring physical and mental abilities. It is the art of guiding people holistically on their journey towards renewed health and quality of life. At Clinic Bad Ragaz, we combine the highest levels of medical, therapeutic and nursing expertise with personal attention and the refined hospitality of a five-star resort. This creates the best possible setting for the most valuable asset you have: your health.

Successful rehabilitation begins with a precise understanding of each individual, their medical situation and their personal goals. On this basis, Clinic Bad Ragaz develops a holistic treatment programme tailored to the individual and based on the latest scientific knowledge. As part of the Valens Clinics Group, the largest rehabilitation group in Switzerland, we draw on extensive experience, specialist expertise and many years of research and innovation. At the same time, Clinic Bad Ragaz is an integral part of the Grand Resort Bad Ragaz, offering an exceptional environment that combines tranquillity, fine cuisine and a wide range of leisure and recreational opportunities. It is this unique combination that makes rehabilitation with us truly special.



Prof. Dr. med. Marc Spielmanns
Chief Physician, Clinic Bad Ragaz
Medical Director, Valens Clinics Group



Where rehabilitation has drawn its strength for centuries

The history of Clinic Bad Ragaz is closely linked to a centuries-old bathing and healing tradition. Its origins date back to 1242, when the thermal spring was discovered in the nearby Tamina Gorge. Ever since, the body-warm thermal water and the impressive gorge have been regarded as a source of renewed strength and a place of retreat and regeneration.

Over the centuries, this special tradition has given rise to a culture of health that continues to shape Bad Ragaz to this day. Clinic Bad Ragaz carries this legacy into the present, guided by the understanding that lasting recovery requires not only time, but also an environment that offers calm, strengthens confidence and opens up new perspectives.

— In the finest location

Nestled in the Alpine landscape of Eastern Switzerland, Clinic Bad Ragaz is part of the Grand Resort Bad Ragaz and is easy to reach. Zurich and St. Gallen are around one hour away by car, while Munich and Milan are less than three hours away. The Principality of Liechtenstein and Austria are also in the immediate vicinity. From here, St. Moritz, the Lake Constance region and Appenzellerland can also be easily explored by car or public transport.

Our patients and
their needs are at the
heart of everything
we do.



Where comprehensive knowledge, decades of experience and personal attention come together, rehabilitation takes shape with the whole person in mind.



Medical Excellence. Personally for you.

At Clinic Bad Ragaz, extensive specialist medical expertise is combined with many years of experience in rehabilitation. Our physicians take the time to understand your health situation, your individual needs and your personal goals in detail. On this basis, we develop a treatment programme tailored specifically to you and accompany you personally throughout the entire rehabilitation process.

Where medically appropriate, we involve additional specialist disciplines. Short distances and direct interdisciplinary exchange enable comprehensive and precise care. Thanks to our in-house radiology and medical laboratory, many diagnostic examinations can also be carried out directly on site.

We offer the following
medical fields of inpatient
rehabilitation:



— Neurological Rehabilitation



— Internal Medicine Rehabilitation



— Musculoskeletal Rehabilitation



— Oncological Rehabilitation





State-of-the-art therapies. For the best possible outcomes.

Based on your diagnosis and previous course of treatment, our interdisciplinary teams develop a rehabilitation concept precisely tailored to your abilities, needs and personal goals. The individual therapies are carefully coordinated and continuously adapted to your progress. This creates a pathway that helps you regain greater independence, confidence and quality of life.

You benefit from the many years of experience, in-depth expertise and ongoing professional development of our therapists.



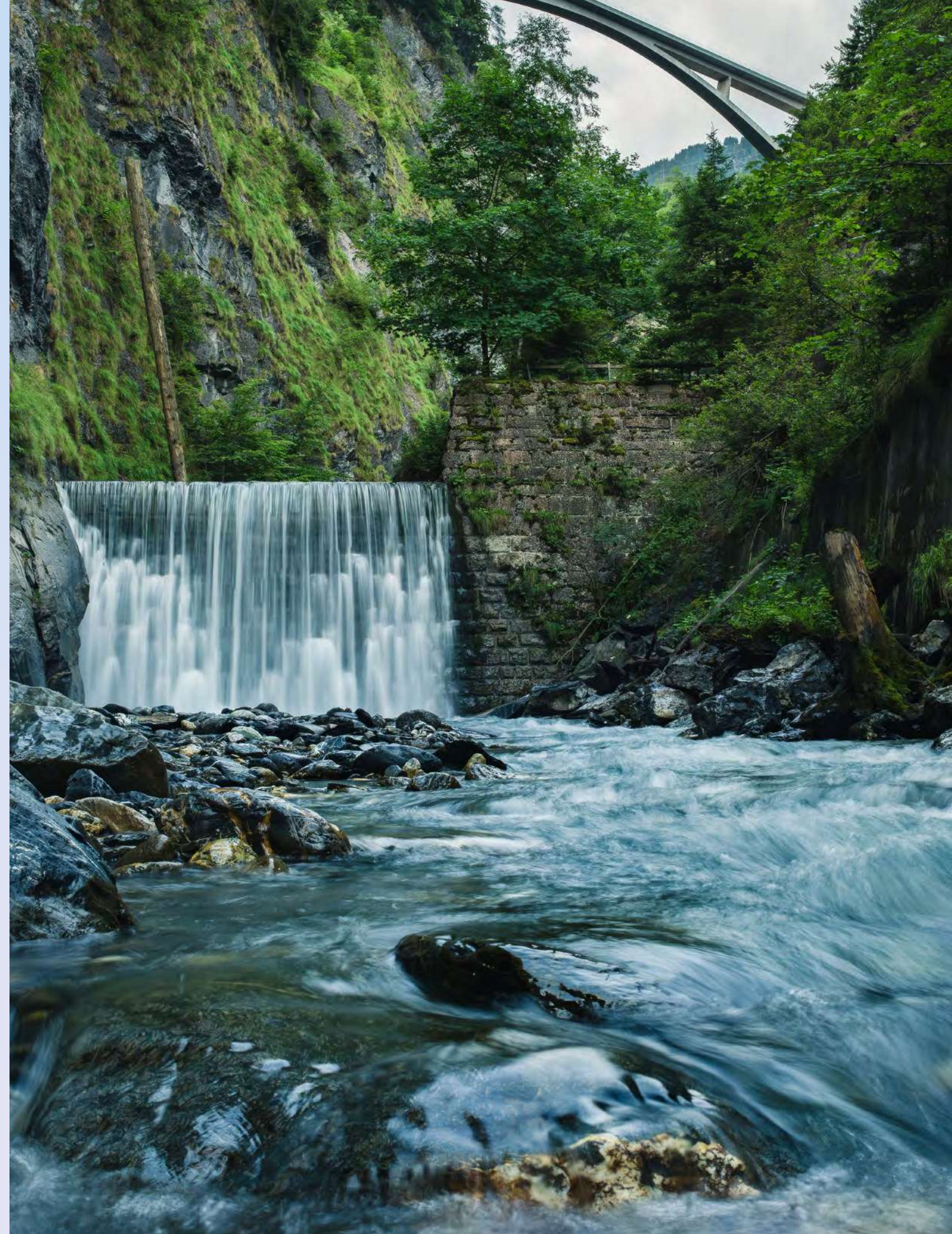
Individual nursing care. Targeted and professional.

Our experienced nursing team is there for you around the clock: professionally competent, attentive and personally committed. Your individual needs and rehabilitation goals form the basis for holistic, needs-oriented nursing care of the highest professional standard.

Consistent, evidence-based nursing concepts ensure continuous and reliable support. We meet every person in their individuality with respect, appreciation and genuine warmth, helping you regain confidence and independence step by step.



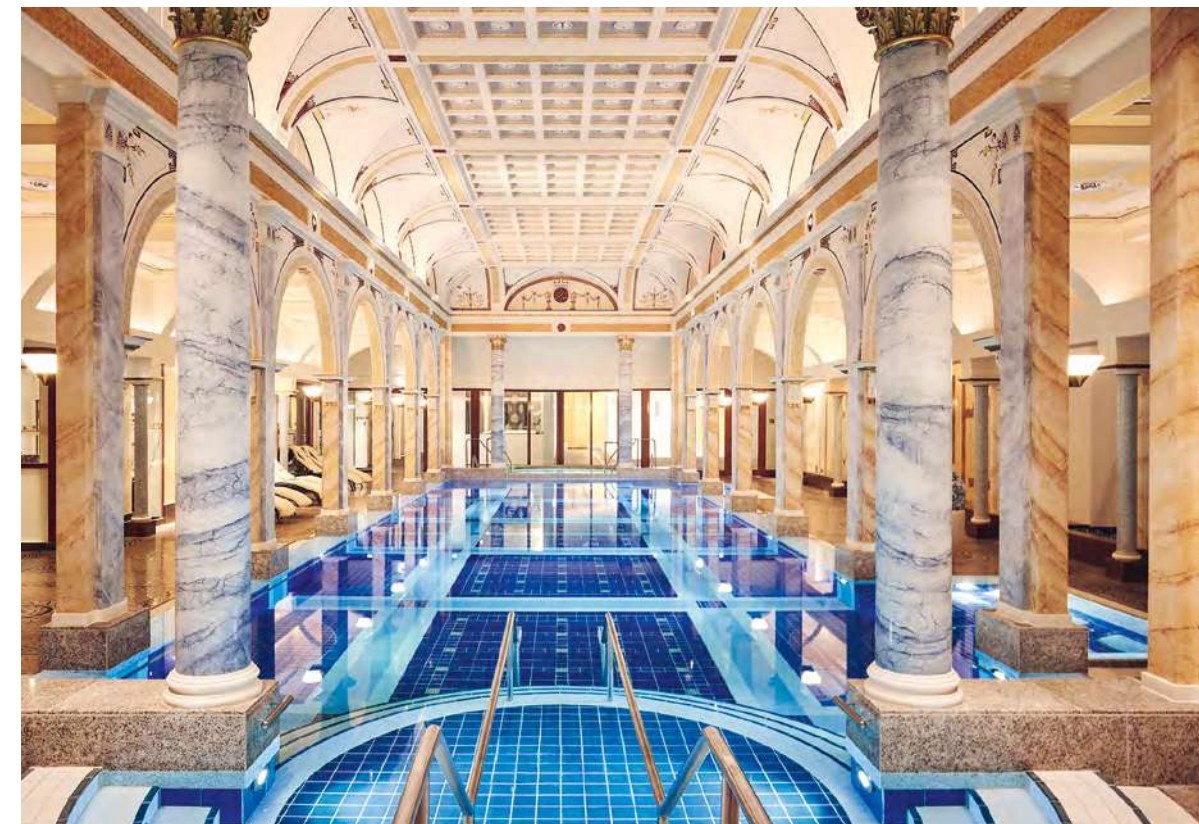
Deep within the Tamina
Gorge lies the source:
the healing spring from
which 36.5 °C warm
thermal water has
flowed for centuries,
giving people renewed
strength.



The special power of thermal water.

The thermal spring in the Tamina Gorge is one of the most abundant in Europe. As early as the 16th century, the physician and alchemist Paracelsus praised the beneficial effects of its water. With a natural temperature of 36.5 °C and a low mineral content, it is classified as an acro-thermal spring.

The thermal water continues to shape the bathing and health culture of Bad Ragaz to this day. The experience gained over many centuries forms an important foundation of modern rehabilitation in this unique location, bringing tradition and modern medical knowledge together in a truly special way.



First-class service and hospitality

At Clinic Bad Ragaz, outstanding rehabilitation is complemented by the refined hospitality of a five-star resort. Individually tailored therapy concepts and comprehensive personal care are combined with fine cuisine and a wide range of recreational and leisure opportunities. The result is an environment in which medical expertise and excellent hospitality go hand in hand.

Our spacious clinic rooms are also consistently designed around the particular needs of our patients. High, light-filled rooms, contemporary design, exquisite natural materials and stylish interiors create an atmosphere of calm and comfort. A private balcony and thermal water in the room make your stay even more memorable.





The variety of an exceptional resort

As a patient of Clinic Bad Ragaz, you enjoy all the amenities of the Grand Resort Bad Ragaz. The diverse offering complements your rehabilitation and creates moments of pleasure, relaxation and wellbeing. First-class restaurants and bars invite you to enjoy culinary discoveries. Cultural events and concerts, the Thermal Spa, two golf courses, the public thermal bath and the resort's own casino offer a wide range of ways to shape your stay according to your personal wishes.

Your family members and accompanying guests are also warmly invited to share this exceptional resort world with you. They may stay directly in your clinic room or in the neighbouring five-star hotels of the Grand Resort Bad Ragaz.



Culinary
excellence

7 Restaurants

6 Michelin stars

76 Gault & Millau points



Comprehensive medical
expertise. Personal
attention. Hospitality
of the highest standard.
All brought together in one
place, offering space
for renewed strength and
confidence.

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